

Table 2. Lifestyle characteristics of study participants (N = 731)

| Factor                     | Total (N = 731)<br>% | 95% CI      | Women (n = 352)<br>% | 95% CI      | Men (n = 379)<br>% | 95% CI      | P value  |
|----------------------------|----------------------|-------------|----------------------|-------------|--------------------|-------------|----------|
| <b>Tobacco</b>             |                      |             |                      |             |                    |             | < 0.0001 |
| Current smoker             | 18.2                 | 15.40–20.99 | 3.5                  | 1.58–5.41   | 31.9               | 27.20–36.59 |          |
| Ex-smoker                  | 9.2                  | 7.10–11.29  | 3.5                  | 1.58–5.41   | 14.5               | 10.95–18.04 |          |
| Non-smoker                 | 72.6                 | 69.36–75.83 | 93.1                 | 90.45–95.74 | 53.6               | 48.57–58.62 |          |
| <b>Alcohol consumption</b> |                      |             |                      |             |                    |             | < 0.0001 |
| Consumer                   | 6.8                  | 4.97–8.62   | 1.7                  | 0.34–3.05   | 11.6               | 8.37–14.82  |          |
| Non-consumer               | 93.1                 | 91.26–94.93 | 98.3                 | 96.94–99.65 | 88.4               | 85.17–91.62 |          |
| <b>Physical activity</b>   |                      |             |                      |             |                    |             | 0.031    |
| Active                     | 18.9                 | 16.06–21.73 | 16.0                 | 12.17–19.82 | 21.6               | 17.45–25.74 |          |
| Sedentary                  | 81.1                 | 78.26–83.93 | 84.0                 | 80.17–87.82 | 78.4               | 74.25–82.54 |          |

P significant at < 0.05