

Table 3 Knowledge about menstruation among Kho and Kalash women

Variable	Kho % (n)	Kalash % (n)	Total % (n)
Presumed cause*			
Physiological	62 (259)	1 (1)	50 (260)
Pathological	9 (38)	0 (0)	7 (38)
Clear impure blood	15 (63)	97 (102)	32 (165)
Don't know	13 (55)	2 (2)	11 (57)
Sum	100 (415)	100 (105)	100 (520)
Source of blood*			
Uterus	71 (296)	34 (36)	64 (332)
Vagina	13 (56)	54 (57)	22 (113)
Abdomen	2 (10)	1 (2)	2 (12)
Don't know	13 (53)	10 (10)	12 (63)
Awareness before menarche*			
Aware	70 (292)	100 (105)	76 (397)
Unaware	30 (123)	0 (0)	24 (123)
Awareness about hygiene before menarche*			
Aware	47 (194)	79 (83)	53 (277)
Unaware	53 (221)	21 (22)	47 (243)
Use of sanitation before menarche			
Aware	61 (254)	61 (64)	61 (318)
Unaware	39 (161)	39 (41)	39 (202)
Harmful to bathe 1st day of menses			
Yes	65 (270)	66 (69)	65 (339)
No	24 (99)	22 (21)	23 (120)
Don't know	11 (46)	14 (15)	12 (61)
Knowledge level (summary)			
Good	47 (195)	47 (49)	47 (252)
Poor	53 (220)	53 (56)	53 (276)

*P < 0.0001 (Chi-square test was used to compare the distribution between Kho and Kalash)