

Table 1 Sociodemographic characteristics of all study participants

Characteristic	Category	Jordanian (n = 1154) N (%)	Syrian (n = 1521) N (%)
Marital status	Never married	226 (19.5)	102 (6.7)
	Currently married	820 (71.1)	1233 (81.1)
	Separated	18 (1.6)	41 (2.7)
	Divorced	49 (4.2)	45 (3.0)
	Widowed	39 (3.4)	99 (6.5)
Urban residence	Yes	930 (80.6)	1248 (82.1)
	No	224 (19.4)	273 (17.9)
Region	Centre	686 (59.4)	878 (57.7)
	North	365 (31.6)	643 (42.3)
	South	103 (8.9)	-
Education	< Primary school	500 (43.3)	1257 (82.6)
	Primary school	367 (31.8)	177 (11.6)
	Secondary school	104 (9.0)	43 (2.8)
	High school	163 (14.1)	37 (2.4)
	College/University	17 (1.5)	2 (0.1)
Work status	Governmental employee	74 (6.4)	1 (0.1)
	Non-governmental employee	44 (3.8)	21 (1.4)
	Self-employed	8 (0.7)	12 (0.8)
	Student	86 (7.5)	24 (1.6)
	Homemaker	840 (72.8)	1378 (90.6)
	Retired	11 (1.0)	1 (0.1)
	Unemployed (able to work)	86 (7.5)	70 (4.6)
	Unemployed (unable to work)	4 (0.3)	9 (0.6)
Pregnant	Yes	57 (4.9)	129 (8.5)
	No	1024 (88.7)	1312 (86.3)
Smoker	Yes	219 (19.0)	134 (8.8)
	No	935 (81.0)	1387 (91.2)
Body mass index*	< 25	346 (30.0)	418 (27.5)
	25–25.99	306 (26.5)	410 (27.0)
	30–34.99	229 (19.8)	295 (19.4)
	≥ 35	143 (12.4)	189 (12.4)
Physical activity	Vigorous	83 (7.2)	117 (7.7)
	Moderate	144 (12.5)	103 (6.8)
Alcohol consumption	Yes	2 (0.2)	1 (0.1)
	No	1152 (99.8)	1520 (99.9)
Salt consumption	Always	261 (22.6)	328 (21.6)
	Often	115 (10.0)	159 (10.5)
	Sometimes	137 (11.9)	210 (13.8)
	Rarely	140 (12.1)	171 (11.2)
	Never	501 (43.4)	652 (42.9)
Hypertension	Yes	153 (17.3)	191 (16.7)
	No	730 (82.7)	952 (83.3)
Hypercholesterolemia	Yes	46 (19.9)	38 (27.3)
	No	185 (80.1)	101 (72.7)
Diabetes mellitus	Yes	58 (10.5)	67 (11.1)
	No	439 (89.5)	539 (88.9)
Characteristic		Jordanian (n = 1024) Mean ± SD	Syrian (n = 1312) Mean ± SD
Height (cm)		159.2 ± 7.0	159.3 ± 6.2
Weight (cm)		71.7 ± 17.0	72.6 ± 16.7
Body mass index		28.1 ± 7.0	28.3 ± 6.8
Waist circumference (cm)		87.6 ± 15.8	88.2 ± 15.5
Hip circumference (cm)		104.0 ± 14.1	104.7 ± 13.8
Days eating fruits per week		3.3 ± 2.4	1.6 ± 2.5
Days eating vegetables per week		6.1 ± 2.7	5.5 ± 4.6

*P < 0.05