

Table 2. Criteria for selecting regional and hospital champions

Criteria for selecting regional champions

- Healthcare practitioner, preferably a physician
- Background in healthcare quality or experience in improvement projects
- Leadership and project management skills, including previous experience in these fields
- Proven ability to drive change management
- Excellent communication skills
- Decision-maker or influencer
- Willing to participate in and lead the initiative

Criteria for selecting hospital champions

- Healthcare professional, preferably a physician
- Leadership skills for Choosing Wisely
- Team player
- Having available time for project implementation within the healthcare institute
- Willing to participate in and lead the initiative