Table 1. Timeline for Choosing Wisely Saudi Arabia programme

Stage	Duration (months)	Key activities
Preparatory phase	January 2019 (paused for 7 months due to COVID-19, resumed December 2020) Ongoing	 Formed a Choosing Wisely governance structure at the national level Conducted needs assessment and selected priority areas Identified and engaged stakeholders Developed guidelines and education materials
Education and awareness	September 2021 Ongoing	Organized workshops for healthcare providers Integrated campaign messaging into existing communication channels
Implementation	October 2021 Ongoing	 Selected regional and hospital champions. Training and orientation activities Implementation at region/cluster levels Developed recommendations
Evaluation and enhancement	February 2022 Ongoing	 Analysed data to assess impact of initiative and identify areas for improvement Identified challenges and solutions Adjusted the initiative strategy as needed