

Table 2. Changes in insulin types and doses during the 2023 Gaza war

Changes in insulin types	No.	%
No change	7	24.1
Pure to mixed	9	31.0
Lantus to levemir	3	10.3
Insulin pens to vials	5	17.2
Levemir to actrapid	1	3.4
NovoRapid to humulin	1	3.4
NovoRapid to apidra	2	6.9
Humalog & lantus to actrapid & mixtard	1	3.4
Changes in insulin dose		
No change	14	48.3
Increase	2	6.9
Decrease	7	24.1
Change medication type	3	10.3
Did not explain	3	10.3

Lantus, levemir: long-acting insulin; apidra, novoRapid, humalog: rapid-acting insulin; actrapid, humulin: short-acting insulin; mixtard: premixed insulin.