

Table 1. Summary of key findings from the review

Study reference	Study population	Key findings	Limitations/notes
Thabet and Vostanis (2017)	Children (n = 532) in Gaza	PTSD (54%), depression (41%), anxiety (34%)	Focused on short-term impacts of trauma
Al-Krenawi et al (2017)	Adults (n = 612) in Gaza	PTSD (40%), depression (45%), anxiety (37%)	Did not explore intervention efficacy
Yehuda et al (2018)	Multiple generations	Evidence of intergenerational trauma through epigenetics	Requires longitudinal validation
Cloitre et al (2018)	Adults in conflict zones	Long-term impact of complex PTSD on mental health	Limited data specific to Gaza
Veronese et al (2021)	Students (n = 300) in Gaza	Resilience reduced psychological distress	Highlighted importance of community programmes
WHO (2024)	Conflict-affected populations	Telemedicine improved access to care	Not widely implemented in Gaza