

**Table 1 Sociodemographic characteristics and patterns of sweetened soft drinks consumption (n = 1935)**

<b>Characteristics</b>	<b>No.</b>	<b>%</b>
<b>Age (years)</b>		
20-29	759	39.2
30-39	607	31.4
40-49	316	16.3
50-59	253	13.1
<b>Gender</b>		
Male	380	19.6
Female	1555	80.4
<b>Marital status</b>		
Never married	750	38.8
Married	1072	55.4
Divorced	85	4.4
Widowed	28	1.4
<b>Education level</b>		
Primary school	9	0.5
Secondary school	250	12.9
University degree	1356	70.1
Higher studies (master's or PhD)	320	16.5
<b>Monthly income, SAR</b>		
<5000	820	42.4
5000-10 000	424	21.9
11 000-20 000	413	21.3
>20 000	278	14.4
<b>Frequency</b>		
Never	330	17.1
Rarely (1-3 times/month)	742	38.3
Sometimes (1-2 times/week)	458	23.7
Usually (3-6 times/week)	260	13.4
Daily	145	7.5
<b>Quantity</b>		
<1 can	1007	52.0
1 can	797	41.2
2 cans	95	4.9
>2 cans	36	1.9