Figure 1 The CONSORT flow diagram of recruitment of elderly patients, Islamic Republic of Iran Assessed for eligibility Enrolment (n = 397)Excluded (n = 93) Did not meeting criteria (n = 62) Declined to participate (n = 31) Allocation Allocated to intervention group Allocated to control group (n = 152)(n = 152)Lost at month 1 (n=3) Lost at month 1 (n = 1) No response to call (n = 2) No response to call (n = 1) • Death (n = 1) Lost at month 2 (n = 3)Follow-up Lost at month 2 (n = 3) No response to call (n = 1) • Death (n = 3) Death (n = 2) Lost at month 3 (n = 3)Lost at month 3 (n = 3)• No response to call (n = 1) • No response to call (n = 2) • Death (n = ) Home relocation to nursing home (n = 1) • Home relocation to another city (n = 1) Analysed (n = 143)Analysed (n = 145)