

Table 5 Fatigue scores among healthcare workers (n = 140) after COVID-19 infection according to the Fatigue Assessment Scale (FAS) for selected variables (using score as a continuous variable), Jordan, 2022

Variable	Total FAS score Mean (SD)	P-value
Sex		
Male	17.44 (5.40)	< 0.001
Female	23.22 (7.90)	
Body mass index (kg/m²)^a		
Normal	21.20 (7.30)	0.770
Overweight + obese	21.67 (8.10)	
Age (years)		
< 35	22.10 (8.20)	0.369
≥ 35	20.87 (7.00)	
Follow-up duration		
Acute phase	29.32 (9.30)	–
1 month	22.93 (8.80)	
3 months	20.75 (7.20)	
6 months	21.47 (7.10)	
12 months	19.89 (7.30)	
Smoking		
Smoker	18.96 (8.40)	0.020
Non-smoker	22.45 (7.20)	

Patients having an FAS score > 22 were considered to be affected by fatigue.

SD = standard deviation.

^aNormal: 18.5 - 24.9 kg/m²; overweight: 25 - 29.9kg/m²; obese: ≥ 30 kg/m².