Table 3 Association between post-COVID syndrome and demographic and clinical characteristics of healthcare workers (n = 140) who had had COVID-19, Jordan, 2022

Characteristic	Post-COVID-19 syndrome*	P-value
	No. (%)	
Total	83 (59.3)	
Age (years)		
< 35	37 (44.6)	0.122
≥35	46 (55.4)	
Sex		
Females	66 (79.5)	0.006
Males	17 (20.5)	
Body mass index <sup>b</sup>		
Normal	43 (51.8)	0.251
Overweight	33 (39.8)	
Obese	7 (8.4)	
Smoking		
Smoker	17 (20.5)	0.218
Non-smoker	66 (79.5)	
Comorbidity		
Diabetes	6 (6.2)	0.406
Hypertension	1 (1.2)	0.355
CVD	2 (1.3)	0.238
Pulmonary disease	1 (1.2)	0.406
Neurological disease	1 (1.2)	0.406
Allergy	5 (6.0)	0.814

<sup>&</sup>lt;sup>a</sup>Patients with one or more persisting symptoms.

CVD = cardiovascular disease.

<sup>&</sup>quot;Normal: 18.5–24.9 kg/m2; overweight: 25–29.9kg/m2; obese: ≥ 30 kg/m2.