

Table 1 Distribution of countries of the Eastern Mediterranean Region according to national policies and plans and studies/ research addressing mental health and psychosocial support during COVID-19 pandemic (June–July 2020)

Policy/plan	EMR countries				
	Group 1 ^a	Group 2 ^b	Group 3 ^c	FCS ^d	EMR ^e
	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)
Integration of MHPSS as part of COVID-19 response plans					
Yes	5 (83.3)	9 (100.0)	5 (100.0)	5 (100.0)	19 (95.0)
Don't know	1 (16.7)	–	–	–	1 (5.0)
Additional funding allocated for MHPSS in government budget for COVID-19					
Fully funded	1 (16.7)	1 (11.1)	–	–	2 (10.0)
Partially funded	3 (50.0)	–	1 (20.0)	1 (20.0)	4 (20.0)
Not funded	1 (16.7)	8 (88.8)	4 (80.0)	4 (80.0)	13 (65.0)
Don't know	–	–	–	–	–
Multisectoral MHPSS coordination platform for COVID-19 response					
Yes	4 (66.7)	6 (66.7)	5 (100.0)	4 (80.0)	15 (75.0)
No	1 (16.7)	3 (33.3)	–	1 (20.0)	4 (20.0)
Don't know	1 (16.7)	–	–	–	1 (5.0)
Integration of MNS services in list of essential health services during COVID-19 response plan					
All MNS services	4 (66.7)	6 (66.7)	1 (20.0)	–	11 (55.0)
Some MNS services	2 (33.3)	1 (11.1)	3 (60.0)	3 (60.0)	6 (30.0)
No MNS services	–	2 (22.2)	1 (20.0)	2 (40.0)	3 (15.0)
Studies/research related to impact of COVID-19 pandemic on the following:					
Mental health impact	3 (50.0)	7 (77.8)	3 (60.0)	3 (60.0)	13 (65.0)
Neurological disorders or brain health ^f	–	–	–	–	–
Alcohol consumption	–	–	–	–	–
Psychoactive drugs	1 (16.7)	–	–	–	1 (5.0)
Other addictive behaviours ^g	–	–	–	–	–
No study/research conducted	–	1 (11.1)	–	1 (20.0)	2 (10.0)

MNS = mental, neurological and substance use disorders.

Group 1: Bahrain, Kuwait, Oman, Qatar, Saudi Arabia, United Arab Emirates.

Group 2: Egypt, Islamic Republic of Iran, Iraq, Jordan, Lebanon, Libya, Morocco, Tunisia, occupied Palestinian territories (West Bank and Gaza Strip).

Group 3: Afghanistan, Pakistan, Somalia, Sudan, Yemen.

FCS = fragile and conflict-affected states: Iraq, Libya, Somalia, Sudan, Yemen.

EMR = all EMR countries except Djibouti and Syrian Arab Republic.

^fNone of the responding countries conducted studies/research related to the impact of the COVID-19 pandemic on either neurological disorders or brain.