

Table 2 Quotations from Jordanian women supporting recurring themes, Amman, Jordan, 2017

Theme	Quotation
Stressors	"Losing money or someone I love." "Thinking about my children's future because I'm alone and my husband is dead and I feel scared."
Perceived social support	"My neighbours support me and make me feel better." "I tell my mother, she is always there for me."
Access to and quality of health care	"I don't feel comfortable. I don't get the health care I need. The health care quality is not good." "It's not very good. I have to stand in line for a long time and the treatment is not very good."
Chronic disease management and depression	"When I find out that there is no solution for my disease I feel sad." "When I have shortness of breath I feel sad because I can't do routine things."
Female-specific hardships	"Men treat her bad; the responsibilities she has to take care of." "Everyone abandons her; they leave her alone and she's responsible for everything, including her children and her family."