

**Table 2 Changes in maximum permitted percentage of salt in foods that make up a large share of foods bought and consumed**

<b>Food (reference)</b>	<b>Before (%)</b>	<b>After (%)</b>	<b>Decrease (%)</b>	<b>Base year</b>
Bread (11,12)	1.8	1.0	44	2016–2017
Cheese (13)	4.0	3.0	25	2015
Doogh (Iranian fermented drink) (14)	1.0	0.8	20	2015