

Table 4 Agreement, adjacent agreement and complete disagreement of the Food Frequency Questionnaire (FFQ)-, the Diet History Questionnaire (DHQ)-driven intakes and average 24-hour recall among Iranian adults (*n* = 102)

| Nutrient | Method | | | | | | | |
|-------------------------|-----------|--------------------|--------------------|-----------------------|-----------|--------------------|--------------------|-----------------------|
| | DHQ | | | | FFQ | | | |
| | Agreement | Complete agreement | Adjacent agreement | Complete disagreement | Agreement | Complete agreement | Adjacent agreement | Complete disagreement |
| Energy | 0.90 | 0.50 | 0.40 | 0.09 | 0.86 | 0.44 | 0.43 | 0.14 |
| Carbohydrate | 0.92 | 0.48 | 0.44 | 0.07 | 0.96 | 0.61 | 0.35 | 0.04 |
| Protein | 0.88 | 0.43 | 0.45 | 0.11 | 0.87 | 0.51 | 0.36 | 0.13 |
| Fat | 0.83 | 0.38 | 0.45 | 0.17 | 0.77 | 0.46 | 0.32 | 0.18 |
| Fibre | 0.85 | 0.43 | 0.42 | 0.14 | 0.87 | 0.43 | 0.45 | 0.13 |
| Sucrose | 0.90 | 0.50 | 0.40 | 0.09 | 0.86 | 0.44 | 0.43 | 0.14 |
| Cholesterol | 0.86 | 0.40 | 0.46 | 0.13 | 0.85 | 0.44 | 0.42 | 0.15 |
| Vitamin A | 0.82 | 0.39 | 0.43 | 0.18 | 0.80 | 0.36 | 0.45 | 0.20 |
| Carotene | 0.81 | 0.36 | 0.45 | 0.18 | 0.82 | 0.42 | 0.41 | 0.18 |
| Thiamine | 0.83 | 0.36 | 0.47 | 0.16 | 0.83 | 0.34 | 0.49 | 0.17 |
| Riboflavin | 0.81 | 0.37 | 0.44 | 0.18 | 0.75 | 0.24 | 0.51 | 0.25 |
| Niacin | 0.87 | 0.45 | 0.42 | 0.12 | 0.88 | 0.48 | 0.41 | 0.12 |
| Vitamin B ₆ | 0.86 | 0.45 | 0.42 | 0.13 | 0.84 | 0.40 | 0.45 | 0.16 |
| Folate | 0.80 | 0.37 | 0.43 | 0.19 | 0.88 | 0.38 | 0.50 | 0.12 |
| Vitamin B ₁₂ | 0.85 | 0.43 | 0.41 | 0.15 | 0.84 | 0.49 | 0.36 | 0.16 |
| Biotin | 0.82 | 0.39 | 0.43 | 0.17 | 0.81 | 0.41 | 0.41 | 0.19 |
| Vitamin C | 0.90 | 0.45 | 0.45 | 0.09 | 0.85 | 0.44 | 0.42 | 0.15 |
| Sodium | 0.87 | 0.44 | 0.43 | 0.12 | 0.86 | 0.42 | 0.45 | 0.14 |
| Potassium | 0.85 | 0.46 | 0.39 | 0.14 | 0.87 | 0.47 | 0.41 | 0.13 |
| Calcium | 0.88 | 0.45 | 0.43 | 0.11 | 0.84 | 0.42 | 0.43 | 0.16 |
| Magnesium | 0.87 | 0.49 | 0.38 | 0.12 | 0.90 | 0.47 | 0.44 | 0.10 |
| Iron | 0.87 | 0.43 | 0.44 | 0.13 | 0.84 | 0.44 | 0.41 | 0.16 |
| Zinc | 0.92 | 0.51 | 0.41 | 0.08 | 0.89 | 0.45 | 0.45 | 0.11 |
| Selenium | 0.87 | 0.42 | 0.45 | 0.13 | 0.85 | 0.37 | 0.49 | 0.15 |