

**Table 1 Mean body mass index of the children by age and sex**

| Age (years) | Mean body mass index (SD) |              | P-value |
|-------------|---------------------------|--------------|---------|
|             | Girls                     | Boys         |         |
| 6           | 23.47 (3.44)              | 24.28 (4.80) | 0.33    |
| 7           | 25.75 (5.15)              | 27.41 (5.55) | 0.09    |
| 8           | 31.46 (9.37)              | 29.58 (6.73) | 0.24    |
| 9           | 32.66 (7.58)              | 33.94 (8.57) | 0.47    |
| 10          | 36.38 (8.99)              | 38.98 (9.04) | 0.16    |

SD: standard deviation.