Table 1 Definitions of hypertension in the current study

Total study population		
SBP/DBP mmHg	Antihypertensive medication	Considered status
<120/80	No	Normotensive
	Yes	Hypertensive
120-139/80-89	No	Prehypertensive
	Yes	Hypertensive
≥ 140/≥ 90	No	Hypertensive
	Yes	Hypertensive
Participants with new	vly diagnosed hypertensi	ion
140-159/90-99		Stage I hypertension
≥ 160/≥ 100		Stage II hypertension
Participants with known hypertension		
< 140/< 90		Controlled hypertension
≥ 140/≥ 90		Uncontrolled hypertension

 $DBP = diastolic\ blood\ pressure; SBP = systolic\ blood\ pressure.$