

**Table 4** Multivariate analysis of factors associated with hypertension

Variable	B	SE	OR	95% CI		P
				Lower	Upper	
Age	0.090	0.006	1.09	1.08	1.11	< 0.001
Female			Ref			
Male	1.000	0.181	2.72	1.91	3.87	< 0.001
Single			Ref			
Ever married	-0.463	0.248	0.63	0.39	1.02	0.062
Employed			Ref			
Unemployed	0.613	0.168	1.85	1.33	2.56	< 0.001
Well socioeconomic status			Ref			
Medium socioeconomic status	0.335	0.431	1.40	0.60	3.25	0.437
Poor socioeconomic status	0.918	0.546	2.51	0.86	7.31	0.093
Regular exercise			Ref			
No exercise	-0.003	0.284	1.0	0.57	1.74	0.992
Mild/moderate lifestyle			Ref			
Sedentary lifestyle	-0.135	0.323	0.87	0.46	1.64	0.676
Normal weight			Ref			
Overweight	0.325	0.193	1.38	0.95	2.02	0.093
Obesity	0.789	0.192	2.20	1.51	3.21	< 0.001

CI = confidence interval; OR = odds ratio; SE = standard error.