Figure 1 PRISMA flow diagram showing the different phases involved in the search process

1165 records identified through database searching

- 328 records after duplicates removed
- 964 records screened
- 93 full-text articles assessed for eligibility
- 80 studies included in qualitative synthesis
- 80 studies included in quantitative synthesis (meta-analysis)

127 additional records identified through other sources

- 871 records excluded
- 13 full-text articles excluded, with reasons