

Table 2 Association of demographic and waterpipe smoking characteristics with dual use (waterpipe and cigarettes): logistics regression analyses

Variable	Model 1 (unadjusted)	Model 2 (adjusted ^b)
	OR (95% CI)	OR _a (95% CI)
Demographic characteristics		
Age	0.41 (0.24–0.72)**	0.36 (0.19–0.70)**
Sex		
Female	1.00	—
Male	1.09 (0.68–1.75)	—
Marital status		
Married	1.00	—
Other (unmarried, divorced, widowed)	0.83 (0.50–1.37)	—
Educational level		
No formal education	1.00	1.00
Primary	1.43 (0.93–2.21)	1.41 (0.87–2.27)
Middle	2.23 (1.36–3.64)**	2.01 (1.15–3.50)*
Secondary or higher	1.67 (0.97–2.89)	1.73 (0.90–3.34)
Occupation		
Professional, clerical or sales	1.00	1.00
Skilled or unskilled manual	1.82 (0.87–3.80)	2.44 (1.06–5.60)*
Domestic service	1.31 (0.67–2.56)	2.20 (1.01–4.78)*
Agricultural	1.56 (0.85–2.86)	2.32 (1.16–4.64)*
Daily wage earner	3.28 (1.06–4.93)*	3.30 (1.39–7.82)**
Other ^c	3.09 (1.38–6.91)**	5.39 (2.16–13.41)***
Waterpipe smoking history		
Daily use		
All day (continuously for several hours)	1.00	1.00
Less than all day	2.20 (1.45–3.32)***	2.71 (1.73–4.25)***
Session length	0.74 (0.54–1.00)*	0.73 (0.52–1.01)
Smoking duration	0.99 (0.79–1.25)	—
Age at starting smoking	0.95 (0.93–0.97)***	0.95 (0.93–0.98)***
LWDS score	0.97 (0.93–1.01)	—
Waterpipe quit history		
Previous quit attempt		
No	1.00	—
Yes	1.47 (0.94–1.31)	—
Number of quit attempts		
Time since last quit attempt (years)	1.03 (0.54–1.95)	—
Longest abstinence length (years)	0.98 (0.52–1.84)	—

LWDS: Lebanon Waterpipe Dependence Scale; OR: odds ratio; CI: confidence interval.

^aP < 0.05, ^{**}P < 0.01, ^{***}P < 0.001.^cOther occupations, unemployed, retired or student.^bAdjusted for all variables in the model.