

**Table 4 Unadjusted and adjusted ORs and 95% CIs of variables associated significantly with workplace stress**

Variables	Workplace stress score		
	Handling well <sup>a</sup>	Handling moderately well	Encountered problems
<b>Overweight/ obesity</b>			
Unadjusted OR (95% CI)	1 —	1.56 (0.57 – 2.34)	2.95 (1.12 – 7.81)
Adjusted OR (95% CI) <sup>b</sup>	1 —	1.83 (0.84 – 3.96)	6.16 (2.06 – 18.38)
<b>High blood pressure</b>			
Unadjusted OR (95% CI)	1 —	3.53 (1.31 – 9.56)	6.80 (2.21 – 20.94)
Adjusted OR <sup>b</sup> (95% CI)	1 —	3.68 (1.29 – 10.50)	15.92 (4.35 – 58.31)

<sup>a</sup>Reference group.<sup>b</sup>Adjusted for age, social conflict, educational level and driving duration and professional driving duration and age ratio.