Supplemental Table 1: Haemoglobin levels (g/dL) to diagnose anaemia and its severity used in the study

Population	Non- Anaemia	Anaemia		
		Mild	Moderate	Severe
Non- Pregnant Females	>12	11 - 11.9	8 - 10.9	<8
Pregnant Females	>11	10 - 10.9	7 - 10.9	<7
Males	>13	11 - 12.9	8 - 10.9	<8

^{*}According to WHO classifications (1).