Table 6 Correlations between quantitative variable and the adherence score.

<table>
<thead>
<tr>
<th>Adherence score/ factor</th>
<th>Mean ± SD</th>
<th>Correlation coefficient</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>49.23 ± 13.86</td>
<td>γ = 0.155</td>
<td>0.004</td>
</tr>
<tr>
<td>Mean duration of hypothyroidism</td>
<td>9.71 ± 7.52</td>
<td>γ = 0.144</td>
<td>0.008</td>
</tr>
<tr>
<td>Number of medication taken</td>
<td>2.83 ± 1.82</td>
<td>γ = 0.077</td>
<td>0.158</td>
</tr>
<tr>
<td>Number of cigarettes per day</td>
<td>4.03 ± 6.73</td>
<td>γ = -0.007</td>
<td>0.899</td>
</tr>
<tr>
<td>Number of waterpipe per week</td>
<td>0.46 ± 1.11</td>
<td>γ = -0.115</td>
<td>0.035</td>
</tr>
<tr>
<td>Number of alcohol glasses per week</td>
<td>0.95 ± 1.36</td>
<td>γ = -0.227</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Number of cups of coffee per day</td>
<td>2.84 ± 2.04</td>
<td>γ = -0.015</td>
<td>0.786</td>
</tr>
<tr>
<td>Number of exercising times per week</td>
<td>0.78 ± 1.38</td>
<td>γ = 0.058</td>
<td>0.286</td>
</tr>
<tr>
<td>Number of sleeping hours per day</td>
<td>7.08 ± 1.17</td>
<td>γ = 0.014</td>
<td>0.794</td>
</tr>
</tbody>
</table>