Figure 1. Selection process of studies

1408 (databases)

- Excluded based on title 718

Eligible for abstract review 690

- Excluded based on abstract and duplication 570

Eligible based on inclusion/exclusion criteria 120

- Excluded based on inclusion/exclusion criteria 79

Thorough review of each article 41

- Excluded due to irrelevancy to focused topic 35

18 (manual search of references) = 59

Subjected to critical scientific appraisal of the evidence 24

- Eliminated due to poor quality of evidence 6

Papers included in the review 18