

Regional Office for the Eastern Mediterranean

Framework for action to implement the United Nations Political Declaration on Noncommunicable Diseases, including indicators to assess country progress by 2018

Updated October 2015, based on resolutions EM/RC59/R.2 & EM/RC60/R.4

In the area of
governance

Commitments

Strategic interventions Each country is expected to:

- Integrate noncommunicable diseases into national policies and development plans Establish a multisectoral strategy/plan and a set of national targets and indicators for
- 2025 based on national situation and WHO guidance
- · Increase budgetary allocations for noncommunicable diseases prevention and control including through innovative financing mechanisms such as taxation of tobacco, alcohol
- and other unhealthy products . Periodically assess national capacity for prevention and control of noncommunicable diseases using WHO tools

Progress indicators Country has:

- An operational multisectoral national strategy/action plan that integrates the major NCDs and their shared risk factors. Set time-bound national targets and indicators based on WHO guidance

Commitments Progress indicators Strategic interventions In the area of Each country is expected to: Country is implementing: prevention and Accelerate implementation of the WHO Framework Convention on Tobacco Control [WHO Four demand-reduction measures of the WHO FCTC at the highest level of achievement

reduction of risk factors

Commitments

In the area of

evaluation

FCTC) and ratify Protocol to Eliminate Illicit Trade in Tobacco Products . Ensure healthy nutrition in early life and childhood including breastfeeding promotion and regulating marketing of foods and non-alcoholic beverages to children

- Virtually eliminate transfat intake and reduce intake of saturated fatty acids · Promote physical activity through a life-course approach
- Implement the best buys to reduce the harmful use of alcohol

- · Four measures to reduce unhealthy diet
- · At least one recent national public awareness programme on diet and/or physical activity
- · As appropriate, according to national circumstances, three measures to reduce the harmful use of alcohol, in line with the WHO global strategy to reduce the harmful use of

government or competent authority

Strategic interventions

· Reduce average population salt intake in line with WHO recommendations

Country has:

Progress indicators

Progress indicators

Country has:

level

alcohol

· A functioning system for generating reliable cause-specific mortality data on a routine

surveillance. Implement/strengthen the WHO surveillance framework that monitors mortality and monitoring and

- morbidity, risk factors and determinants, and health system capacity and response . Integrate the three components of the surveillance framework into the national health information system
- Strengthen human resources and institutional capacity for surveillance, monitoring and evaluation
- . A STEPS survey or a comprehensive health examination survey every 5 years

Evidence-based national guidelines/protocols/standards for management of major

noncommunicable diseases through a primary care approach, recognized/approved by the

 Provision of drug therapy, including glycaemic control, and counselling for eligible persons at high risk to prevent heart attacks and strokes, with an emphasis on the primary care

Commitments

In the area of

health care

Strategic interventions Each country is expected to:

Each country is expected to:

- · Implement the best buys in health care

- · Improve access to early detection and management of major noncommunicable diseases

- and risk factors by including them in the essential primary health care package
- Improve access to safe, affordable and quality essential medicines and technologies for
- major noncommunicable diseases Improve access to essential palliative care services
- C World Health Organization