

Figure 1 NCD emergency health kit contents organized by disease area

## Hypertension & cardiac conditions

**Medicines**  
Acetylsalicylic acid  
Amlodipine  
Bisoprolol  
Enalapril  
Furosemide  
Glyceryl trinitrate  
Hydrochlorothiazide  
Isosorbide dinitrate

**Equipment**  
Stethoscope  
Sphygmomanometer  
Body tape measure

## Diabetes & endocrine conditions

**Medicines**  
Glibenclamide  
Metformin  
Levothyroxine  
Human insulin NPH  
Human Insulin mix 70/30  
Human Insulin R  
Glucagon

**Equipment**  
Glucometer

**Renewables**  
Insulin syringes  
Lancets  
Blood strips  
Urine strips  
Swab alcohol pads

## Chronic respiratory diseases

**Medicines**  
Beclomethasone inhaler  
Prednisolone  
Salbutamol aerosol inhaler

**Equipment**  
Peak flow meter

## Mental health & neurological conditions

**Medicines**  
Carbamazepine  
Fluoxetine  
Risperidone  
Sodium valproate 200mg & 500mg

## Other

**Equipment**  
Otoscope & ophthalmoscope set  
Pen flashlight  
Clinical digital thermometer

**Renewables**  
Cotton wool  
Examination latex gloves  
Adhesive tape