

**Table 1 Prevalence of mental disorders among study sample**

Disorder	No. ( <i>n</i> = 1103)	%
Any mental (mood and anxiety) disorder	316	28.6
Any mood disorder	247	22.4
Major depressive disorder	78	7.1
Dysthymic disorder	108	9.8
Minor depressive disorder	124	11.2
Any anxiety disorder	180	16.3
Generalized anxiety disorder	137	12.4
Panic attack disorder	104	9.4