<table>
<thead>
<tr>
<th>Traditional medicine used (n = 77)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total traditional medicine items used per respondent</td>
</tr>
<tr>
<td>Range: 0-24</td>
</tr>
<tr>
<td>Mean (SD): 3.25 (4.46)</td>
</tr>
</tbody>
</table>

### Herbs (46 items)

<table>
<thead>
<tr>
<th>Item</th>
<th>No. (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Olive leaves (Olea europea spp.)</td>
<td>101 (19.2)</td>
</tr>
<tr>
<td>Olive oil (Olea europea spp.)</td>
<td>62 (11.9)</td>
</tr>
<tr>
<td>Black seeds (Nigella sativa)</td>
<td>40 (7.6)</td>
</tr>
<tr>
<td>Sour plum (Eugenia tamassii)</td>
<td>35 (6.7)</td>
</tr>
<tr>
<td>Roselle (Hibiscus sabdariffa)</td>
<td>24 (4.6)</td>
</tr>
<tr>
<td>Commercial herbal tea</td>
<td>17 (3.3)</td>
</tr>
<tr>
<td>Unknown folk medicine</td>
<td>17 (3.3)</td>
</tr>
<tr>
<td>Hellebore (Veratrum viride)</td>
<td>12 (2.3)</td>
</tr>
<tr>
<td>Chinese herbs</td>
<td>10 (1.9)</td>
</tr>
<tr>
<td>Nettle (Urtica dioica)</td>
<td>9 (1.7)</td>
</tr>
<tr>
<td>Coconut water (Cocos nucifera)</td>
<td>9 (1.7)</td>
</tr>
<tr>
<td>Jujube</td>
<td>8 (1.5)</td>
</tr>
<tr>
<td>Herbal tea</td>
<td>8 (1.5)</td>
</tr>
<tr>
<td>Betel leaf</td>
<td>2 (0.4)</td>
</tr>
<tr>
<td>Sage (Salvia officinalis)</td>
<td>2 (0.4)</td>
</tr>
<tr>
<td>Myrobalan (Terminalia chebula)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Betel nut (Piper betle)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Pink pepper (Piper cubeba)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Common rue (Ruta graveolens)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Burdock (Arctium lappa)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Stevia</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Yarrow (Achillea millefolium)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>@/2 (100)</td>
<td></td>
</tr>
</tbody>
</table>

### Home remedies (94 items)

<table>
<thead>
<tr>
<th>Item</th>
<th>No. (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Green tea (Camellia sinensis)</td>
<td>139 (26.5)</td>
</tr>
<tr>
<td>Onion (Allium cepa)</td>
<td>99 (18.9)</td>
</tr>
<tr>
<td>Garlic (Allium sativum)</td>
<td>88 (16.8)</td>
</tr>
<tr>
<td>Fenugreek (Trigonella foenum-graecum)</td>
<td>80 (15.3)</td>
</tr>
<tr>
<td>Ginger (Zingiber officinalis)</td>
<td>78 (15.9)</td>
</tr>
<tr>
<td>Lemon (Citrus x limon)</td>
<td>72 (13.8)</td>
</tr>
<tr>
<td>Thyme (Thymus vulgaris)</td>
<td>62 (12.1)</td>
</tr>
<tr>
<td>Honey</td>
<td>61 (11.7)</td>
</tr>
<tr>
<td>Parsley (Petroselinum cramonis)</td>
<td>61 (11.7)</td>
</tr>
<tr>
<td>Coriander (Coriandrum sativum)</td>
<td>44 (8.4)</td>
</tr>
<tr>
<td>Dill (Anethum graveolens)</td>
<td>43 (8.2)</td>
</tr>
<tr>
<td>Caraway (Carum carvi)</td>
<td>32 (6.1)</td>
</tr>
<tr>
<td>Chives (Allium schoenoprasum)</td>
<td>31 (6.0)</td>
</tr>
<tr>
<td>Vinegar</td>
<td>23 (4.6)</td>
</tr>
<tr>
<td>Arancio (Pompeana aurantium)</td>
<td>22 (4.4)</td>
</tr>
<tr>
<td>Cinnamon (Cinnamomum verum)</td>
<td>13 (2.7)</td>
</tr>
<tr>
<td>Rosemary (Rosmarinus officinalis)</td>
<td>4 (0.9)</td>
</tr>
<tr>
<td>Barley (Hordeum vulgare)</td>
<td>3 (0.6)</td>
</tr>
<tr>
<td>Sesame (Sesamum indicum)</td>
<td>2 (0.4)</td>
</tr>
<tr>
<td>Wheat (Triticum sp.)</td>
<td>2 (0.4)</td>
</tr>
<tr>
<td>Mint (Mentha spp.)</td>
<td>2 (0.4)</td>
</tr>
<tr>
<td>Carrot (Daucus carota sativus)</td>
<td>2 (0.4)</td>
</tr>
<tr>
<td>Fenugreek (Trigonella foenum-graecum)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Rosemary (Rosmarinus officinalis)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Galangal (Alpinia galanga)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Eggplant (Solanum melongena)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Cumin (Cuminum cyminum)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Lentil (Lens culinaris)</td>
<td>1 (0.2)</td>
</tr>
<tr>
<td>Kiwi (Actinidia deliciosa)</td>
<td>1 (0.2)</td>
</tr>
</tbody>
</table>

### Practices (13 practices)

<table>
<thead>
<tr>
<th>Item</th>
<th>No. (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prayers</td>
<td>56 (29.8)</td>
</tr>
<tr>
<td>All-night (Fruit tapping)</td>
<td>75 (43.1)</td>
</tr>
<tr>
<td>Rubbing (stomachic antiseptic) with the Qur'an</td>
<td>30 (16.6)</td>
</tr>
<tr>
<td>Washing water or oil</td>
<td>28 (15.4)</td>
</tr>
<tr>
<td>Anointing</td>
<td>8 (1.5)</td>
</tr>
<tr>
<td>Castor oil</td>
<td>1 (0.5)</td>
</tr>
</tbody>
</table>