

Table 3 Mean anxiety score and personal hygiene behaviour among a sample of adults in Jeddah, 2014, n = 358

Variable	Anxiety level ^a mean (SD)	P-value*
Cover mouth		
Always	4.96 (2.91)	0.506
Usually	4.72 (2.92)	
Sometimes	4.74 (2.99)	
Rarely	4.62 (4.03)	
never	5.41 (3.26)	
Wash hands after cough or sneeze		
Always	5.48 (3.08)	0.013
Usually	5.13 (2.84)	
Sometimes	4.67 (2.77)	
Rarely	3.79 (2.65)	
Never	3.53 (2.93)	
Wash hands after coming back home		
Always	5.14 (3.00)	0.44
Usually	5.06 (2.70)	
Sometimes	4.63 (2.85)	
Rarely	3.7 (2.90)	
Never	6.25 (3.50)	
Wear face mask		
Always	5.47 (3.09)	0.002
Usually	6.1 (2.83)	
Sometimes	5.64 (2.88)	
Rarely	4.92 (2.81)	
Never	4.28 (2.91)	

SD = standard deviation.

^aDetermined using a 10 cm visual analog scale.

*Kruskal-Wallis test.