

Table 2 Intakes of different micro- and macronutrients represented as fractions of daily required intakes in infants and toddlers

| Age group/Nutrient | Girls | | Boys | |
|----------------------------|------------------|-----------------|------------------|-----------------|
| | Al Ain Mean (SD) | Dubai Mean (SD) | Al Ain Mean (SD) | Dubai Mean (SD) |
| Infants (6-11 mo) | | | | |
| Frac Energy | 1.11 (0.22) | 1.14 (0.32) | 1.09 (0.31) | 1.11 (0.35) |
| Frac Protein | 1.11 (0.22) | 1.14 (0.32) | 1.09 (0.31) | 1.11 (0.35) |
| Frac Fat | 1.10 (0.26) | 0.97 (0.32) | 1.01 (0.36) | 0.92 (0.39) |
| Frac Carb | 1.04 (0.26) | 1.20 (0.40) | 1.06 (0.34) | 1.17 (0.44) |
| Frac Ca | 1.80 (0.91) | 1.41 (0.54) | 1.80 (0.79) | 1.45 (0.55) |
| Frac Fe | 0.70 (0.52) | 0.56 (0.38) | 0.89 (0.77) | 0.57 (0.35) |
| Frac Mg | 0.99 (0.49) | 1.30 (0.55) | 1.06 (0.46) | 1.31 (0.63) |
| Frac P | 1.20 (0.75) | 1.29 (0.54) | 1.17 (0.57) | 1.26 (0.53) |
| Frac Zn | 1.21 (0.36) | 1.42 (0.49) | 1.27 (0.47) | 1.43 (0.51) |
| Toddlers (12-23 mo) | | | | |
| Frac Energy | 1.04 (0.25) | 1.02 (0.34) | 1.01 (0.19) | 0.99 (0.33) |
| Frac Protein | 1.04 (0.25) | 1.02 (0.34) | 1.01 (0.19) | 0.99 (0.33) |
| Frac Fat | 0.97 (0.33) | 0.93 (0.37) | 0.85 (0.25) | 0.85 (0.37) |
| Frac Carb | 1.01 (0.28) | 1.07 (0.40) | 0.93 (0.22) | 0.94 (0.33) |
| Frac Ca | 1.43 (0.63) | 0.87 (0.34) | 1.36 (0.54) | 0.95 (0.44) |
| Frac Fe | 0.16 (0.12) | 0.13 (0.08) | 0.15 (0.10) | 0.14 (0.09) |
| Frac Mg | 1.50 (0.46) | 1.57 (0.59) | 1.56 (0.45) | 1.68 (0.63) |
| Frac P | 1.34 (0.52) | 1.05 (0.51) | 1.33 (0.47) | 1.07 (0.50) |
| Frac Zn | 1.69 (0.50) | 1.81 (0.62) | 1.70 (0.43) | 1.87 (0.64) |

Carb = carbohydrate; Frac = fraction; SD = standard deviation.