

Table 4 Demographic correlates for Omani women for physical activity in the work, transport and leisure domains by age cohorts, Oman World Health Survey, 2008 (continued)

Type of activity/ demographic variable	Age cohorts											
	18-29 years				30-39 years				40+ years			
	No. ^a	OR ^b	95% CI	P-value	No. ^a	OR ^b	95% CI	P-value	No. ^a	OR ^b	95% CI	P-value
Work-related physical activity												
Region												
Dhofar	-	-	-	-	75	Ref.	-	-	-	-	-	-
Muscat	-	-	-	-	49	0.72	0.17-3.09	0.660	-	-	-	-
Dakhliya	-	-	-	-	73	4.09	1.68-9.91	0.002	-	-	-	-
North Sharqiyah	-	-	-	-	59	2.88	1.16-7.19	0.023	-	-	-	-
South Sharqiyah	-	-	-	-	59	1.89	0.71-5.06	0.206	-	-	-	-
North Batinah	-	-	-	-	52	2.93	1.06-8.14	0.039	-	-	-	-
South Batinah	-	-	-	-	39	8.69	3.15-23.95	<0.001	-	-	-	-
Al Dhahira	-	-	-	-	46	7.29	2.55-20.85	<0.001	-	-	-	-
Musandam	-	-	-	-	52	2.20	0.82-5.89	0.117	-	-	-	-
Al Wusta	-	-	-	-	72	0.05	0.01-0.27	<0.001	-	-	-	-
Al Buraymi	-	-	-	-	15	7.50	1.80-31.25	0.006	-	-	-	-
(P-value for trend)	-	-	-	-	-	-	-	< 0.001	-	-	-	-
Marital status												
Married	-	-	-	-	-	-	-	-	309	Ref.	-	-
Not married	-	-	-	-	-	-	-	-	234	0.59	0.35-0.97	0.037
Wealth quintile												
1 (lowest)	-	-	-	-	169	Ref.	-	-	-	-	-	-
2	-	-	-	-	139	0.63	0.26-1.49	0.292	-	-	-	-
3	-	-	-	-	93	0.60	0.26-1.39	0.235	-	-	-	-
4	-	-	-	-	96	0.37	0.16-0.88	0.025	-	-	-	-
5	-	-	-	-	46	0.55	0.19-1.64	0.285	-	-	-	-
(P-value for trend)	-	-	-	-	-	-	-	0.247	-	-	-	-
Transport-related physical activity												
Residence												
Rural	167	Ref.	-	-	-	-	-	-	-	-	-	-
Urban	186	0.52	0.29-0.91	0.022	-	-	-	-	-	-	-	-
Region												
Dhofar	-	-	-	-	75	Ref.	-	-	64	Ref.	-	-
Muscat	-	-	-	-	49	1.17	0.35-3.87	0.798	37	1.84	0.52-6.45	0.342
Dakhliya	-	-	-	-	73	2.69	1.19-6.05	0.017	82	4.71	1.81-12.24	0.001
North Sharqiyah	-	-	-	-	59	5.29	2.26-12.42	<0.001	51	7.29	2.63-20.24	<0.001
South Sharqiyah	-	-	-	-	59	4.12	1.72-9.91	0.002	77	3.21	1.20-8.61	0.020
North Batinah	-	-	-	-	52	4.07	1.56-10.58	0.004	63	1.39	0.47-4.05	0.551
South Batinah	-	-	-	-	39	7.53	2.90-19.51	<0.001	42	11.46	3.94-33.29	<0.001
Al Dhahira	-	-	-	-	46	4.21	1.63-10.87	0.003	29	6.84	2.21-21.16	0.001
Musandam	-	-	-	-	52	1.52	0.61-3.81	0.374	35	3.70	1.18-11.54	0.024
Al Wusta	-	-	-	-	72	0.72	0.26-1.95	0.514	54	0.61	0.18-2.12	0.441
Al Buraymi	-	-	-	-	15	2.84	0.80-10.09	0.105	9	2.61	0.48-14.13	0.266
(P-value for trend)	-	-	-	-	-	-	-	< 0.001	-	-	-	< 0.001
Educational level												
Illiterate	-	-	-	-	-	Ref.	-	-	-	-	-	-
< Preparatory	-	-	-	-	-	0.93	0.45-1.91	0.837	-	-	-	-
Secondary+	-	-	-	-	-	0.71	0.33-1.49	0.362	-	-	-	-
(P-value for trend)	-	-	-	-	-	-	-	0.517	-	-	-	-
Leisure-related physical activity												
Marital status												
Married	100	Ref.	-	-	-	-	-	-	309	Ref.	-	-
Not married	253	0.05	0.01-0.31	0.001	-	-	-	-	234	5.92	1.16-30.08	0.032

^aNumber in sample (unweighted); ^bWeighted to the Omani population 2008.
OR = odds ratio; CI = confidence interval; Ref. = reference category.