

Table 4 Health literacy levels according to schoolteachers' self-reported health behaviours, chronic disease status, smoking and alcohol use and interest in health issues

Variable	Total	Health literacy level				χ^2	P-value
		Adequate		Limited/Very limited			
		No.	%	No.	%		
General health perception						0.193	0.661
Good	396	102	25.8	294	74.2		
Moderate/bad	104	29	27.9	75	72.1		
Visit a doctor for check-ups						2.074	0.355
Always/sometimes	317	80	25.2	237	74.8		
Never	183	51	27.9	132	72.1		
Medical service used primarily						8.568	0.014
Family physician	276	58	21.0	218	79.0		
Public/university hospital	129	42	32.6	87	67.4		
Special hospital/polyclinic	95	31	32.6	64	67.4		
Chronic disease						0.127	0.722
Yes	182	46	25.3	136	74.7		
No	318	85	26.7	233	73.3		
Smoking habit						0.056	0.813
Current smoker	126	32	25.4	94	74.6		
Quitter or non-smoker	374	99	26.5	275	73.5		
Alcohol use						0.189	0.663
Current user	119	33	27.7	86	72.3		
Non-user	381	98	25.7	283	74.3		
Interest in healthy life issues*						7.356	0.007
Interested	363	107	29.4	256	70.6		
Not interested	137	24	17.5	113	82.5		
Interest in alternative medicine						100	2.565
Interested	170	52	30.6	118	69.4		
Not interested	330	79	23.9	251	76.1		
Total	500	131	26.2	369	73.8		

*For example, nutrition, physical activity, quitting smoking.