Table 4 Health literacy levels according to schoolteachers’ self-reported health behaviours, chronic disease status, smoking and alcohol use and interest in health issues

<table>
<thead>
<tr>
<th>Variable</th>
<th>Total</th>
<th>Health literacy level</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>No.</td>
<td>%</td>
<td>No.</td>
<td>%</td>
<td></td>
</tr>
<tr>
<td><strong>General health perception</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Good</td>
<td>396</td>
<td>102</td>
<td>25.8</td>
<td>294</td>
<td>74.2</td>
<td>0.193</td>
</tr>
<tr>
<td>Moderate/bad</td>
<td>104</td>
<td>29</td>
<td>27.9</td>
<td>75</td>
<td>72.1</td>
<td></td>
</tr>
<tr>
<td><strong>Visit a doctor for check-ups</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Always/sometimes</td>
<td>317</td>
<td>80</td>
<td>25.2</td>
<td>237</td>
<td>74.8</td>
<td>2.074</td>
</tr>
<tr>
<td>Never</td>
<td>183</td>
<td>51</td>
<td>27.9</td>
<td>132</td>
<td>72.1</td>
<td></td>
</tr>
<tr>
<td><strong>Medical service used primarily</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family physician</td>
<td>276</td>
<td>58</td>
<td>21.0</td>
<td>218</td>
<td>79.0</td>
<td>8.568</td>
</tr>
<tr>
<td>Public/university hospital</td>
<td>129</td>
<td>42</td>
<td>32.6</td>
<td>87</td>
<td>67.4</td>
<td></td>
</tr>
<tr>
<td>Special hospital/polyclinic</td>
<td>95</td>
<td>31</td>
<td>32.6</td>
<td>64</td>
<td>67.4</td>
<td></td>
</tr>
<tr>
<td><strong>Chronic disease</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>182</td>
<td>46</td>
<td>25.3</td>
<td>136</td>
<td>74.7</td>
<td>0.127</td>
</tr>
<tr>
<td>No</td>
<td>318</td>
<td>85</td>
<td>26.7</td>
<td>233</td>
<td>73.3</td>
<td></td>
</tr>
<tr>
<td><strong>Smoking habit</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current smoker</td>
<td>126</td>
<td>32</td>
<td>25.4</td>
<td>94</td>
<td>74.6</td>
<td>0.056</td>
</tr>
<tr>
<td>Quitter or non-smoker</td>
<td>374</td>
<td>99</td>
<td>26.5</td>
<td>275</td>
<td>73.5</td>
<td></td>
</tr>
<tr>
<td><strong>Alcohol use</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current user</td>
<td>119</td>
<td>33</td>
<td>27.7</td>
<td>86</td>
<td>72.3</td>
<td>0.189</td>
</tr>
<tr>
<td>Non-user</td>
<td>381</td>
<td>98</td>
<td>25.7</td>
<td>283</td>
<td>74.3</td>
<td></td>
</tr>
<tr>
<td><strong>Interest in healthy life issues</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interested</td>
<td>363</td>
<td>107</td>
<td>29.4</td>
<td>256</td>
<td>70.6</td>
<td>7.356</td>
</tr>
<tr>
<td>Not interested</td>
<td>137</td>
<td>24</td>
<td>17.5</td>
<td>113</td>
<td>82.5</td>
<td></td>
</tr>
<tr>
<td><strong>Interest in alternative medicine</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interested</td>
<td>170</td>
<td>52</td>
<td>30.6</td>
<td>118</td>
<td>69.4</td>
<td>2.565</td>
</tr>
<tr>
<td>Not interested</td>
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<td>79</td>
<td>23.9</td>
<td>251</td>
<td>76.1</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>500</td>
<td>131</td>
<td>26.2</td>
<td>369</td>
<td>73.8</td>
<td></td>
</tr>
</tbody>
</table>

*For example, nutrition, physical activity, quitting smoking.