

Table 1 Demographic characteristics and clinical history of breast cancer cases and controls

Variable	Cases (n = 100)	Controls (n = 175)	P-value ^a
<i>Age [mean (SD) years]</i>	46.2 (9.3)	45.9 (9.4)	0.13
<i>Physical activity [mean (SD) METs h/week]</i>	38.8 (4.1)	38.5 (4.5)	0.32
<i>Weight [mean (SD) kg]</i>	72.0 (11.7)	73.1 (12.4)	0.51
<i>Body mass index [mean (SD) kg/m²]</i>	29.6 (4.5)	29.3 (4.1)	0.79
<i>Age at menarche [mean (SD) years]</i>	13.9 (1.6)	13.3 (1.5)	0.01
<i>Family history of breast cancer (%)</i>	25.0	18.0	0.18
<i>History of diabetes (%)</i>	13.1	13.2	0.98
<i>Current smoking (%)</i>	9.3	0.6	0.01
<i>Occupation (%)</i>			
Housekeeper	72.0	77.0	0.31
Employee	22.0	26.6	0.25
Retired	6.0	2.4	0.14
<i>Life satisfaction (%)</i>	62.0	87.0	0.02
<i>Menopause (%)</i>	37.0	36.8	0.99

^aIndependent t-test or Mann-Whitney test.

SD = standard deviation; n = number of women; METs = metabolic equivalents.