

Table 4 Comparison of laboratory test results between subjects with diabetes mellitus or impaired fasting glucose in the study sample

| Parameter | Impaired fasting glucose | | | | Diabetes mellitus | | | | <i>P</i> -value ^a |
|---------------------------------|--------------------------|------|-------------------------|------|------------------------|------|--------------------------|------|------------------------------|
| | Male (<i>n</i> = 19) | | Female (<i>n</i> = 21) | | Male (<i>n</i> = 254) | | Female (<i>n</i> = 285) | | |
| | Mean | SD | Mean | SD | Mean | SD | Mean | SD | |
| Haemoglobin (g/L) | 15.6 | 1.2 | 14.1 | 0.9 | 15.6 | 1.4 | 14.3 | 1.4 | 0.710 |
| Glycated haemoglobin (mmol/mol) | 6.5 | 0.7 | 6.9 | 0.7 | 8.9 | 5.8 | 8.6 | 4.1 | < 0.001 |
| Microalbumin (mg/L) | 11.8 | 15.9 | 31.9 | 78.1 | 50.3 | 98.5 | 43.5 | 87.9 | 0.032 |
| Triglycerides (mmol/L) | 2.5 | 1.3 | 1.8 | 0.8 | 2.3 | 1.6 | 2.1 | 1.2 | 0.594 |
| HDL cholesterol (mmol/L) | 1.2 | 0.1 | 1.1 | 0.2 | 1.1 | 0.2 | 1.1 | 0.2 | 0.280 |
| LDL cholesterol (mmol/L) | 3.6 | 1.2 | 4.0 | 1.5 | 3.4 | 1.1 | 3.9 | 1.1 | 0.437 |
| Total cholesterol (mmol/L) | 5.8 | 1.1 | 5.9 | 1.6 | 5.5 | 1.3 | 6.0 | 1.2 | 0.429 |

^aBased on multiple logistic regression, adjusted for age and sex.

SD = standard deviation; LDL = low-density lipoprotein; HDL = high-density lipoprotein.