

Table 4 Reported frequency of consumption sweet foods and beverages among the studied schoolchildren, by sex

| Food item | Consumption of sweet foods and beverages | | | | | | | |
|-----------------|--|------|--------|------|------------------------|------|--------|------|
| | Girls (<i>n</i> = 333) | | | | Boys (<i>n</i> = 520) | | | |
| | Frequently | | Rarely | | Frequently | | Rarely | |
| | No. | % | No. | % | No. | % | No. | % |
| Fruit juice | 281 | 84.4 | 52 | 15.6 | 403 | 77.5 | 117 | 22.5 |
| Soft drinks | 326 | 97.9 | 7 | 2.1 | 506 | 97.3 | 14 | 2.7 |
| Sweets | 325 | 97.6 | 8 | 2.4 | 504 | 96.9 | 16 | 3.1 |
| Jelly | 275 | 82.6 | 58 | 27.4 | 390 | 75.0 | 130 | 25.0 |
| Honey | 261 | 78.4 | 72 | 21.6 | 402 | 77.3 | 118 | 22.7 |
| Milk with sugar | 308 | 92.5 | 25 | 7.5 | 481 | 92.5 | 39 | 7.5 |
| Chocolate | 322 | 96.7 | 11 | 3.3 | 498 | 95.8 | 22 | 4.2 |
| Ice cream | 267 | 80.2 | 66 | 19.8 | 377 | 72.5 | 143 | 27.5 |