<table>
<thead>
<tr>
<th>Self-medication with drugs</th>
<th>No. (n = 908)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Severity of health problem</strong></td>
<td></td>
</tr>
<tr>
<td>Minor/common health problems</td>
<td>891</td>
</tr>
<tr>
<td>Major health problems</td>
<td>1</td>
</tr>
<tr>
<td>Any health problem</td>
<td>16</td>
</tr>
<tr>
<td><strong>Symptoms/conditions that warranted self-medication with drugs</strong></td>
<td></td>
</tr>
<tr>
<td>Gastrointestinal problems</td>
<td>871</td>
</tr>
<tr>
<td>Headache/body aches</td>
<td>813</td>
</tr>
<tr>
<td>Flu/common cold/cough</td>
<td>786</td>
</tr>
<tr>
<td>Fever</td>
<td>145</td>
</tr>
<tr>
<td>Exacerbation of a chronic illness</td>
<td>47</td>
</tr>
<tr>
<td>(asthma, infertility and sexual problems, anaemia, neuropsychiatric problems, peptic ulcer, haemorrhoids, hepatitis, dermatological problems)</td>
<td></td>
</tr>
<tr>
<td>Chronic non-communicable diseases (hypertension and diabetes)</td>
<td>27</td>
</tr>
<tr>
<td><strong>Reasons for practising self-medication with drugs</strong></td>
<td></td>
</tr>
<tr>
<td>Emergency use/odd hours</td>
<td>454</td>
</tr>
<tr>
<td>Could not afford to see the doctor (financial or time barriers)</td>
<td>351</td>
</tr>
<tr>
<td>Had an old prescription</td>
<td>421</td>
</tr>
<tr>
<td>Previous good experience with the drug</td>
<td>197</td>
</tr>
<tr>
<td><strong>Sources of advice and information to self-medicate with drugs</strong></td>
<td></td>
</tr>
<tr>
<td>Old prescription</td>
<td>671</td>
</tr>
<tr>
<td>Pharmacist</td>
<td>388</td>
</tr>
<tr>
<td>An older person in a household or a friend</td>
<td>277</td>
</tr>
<tr>
<td>Media (television, Internet, books)</td>
<td>49</td>
</tr>
<tr>
<td>Regular availability of drugs at home</td>
<td>716</td>
</tr>
<tr>
<td>Leftover drugs kept at home</td>
<td>763</td>
</tr>
</tbody>
</table>

*aTotal number who practised self-medication with drugs only and with both drugs and complimentary/alternative medicine.
*bResponses are not mutually exclusive.