Table 3 Distribution of residents of homes for the elderly according to their anthropometric measurements

Anthropometric measurement	Mean (SD)
Height (cm)	165.4 (9.8)
Weight (kg)	59.9 (12.7)
Mid-arm circumference (cm)	24.4 (3.4)
Calf circumference (cm)	32.5 (3.4)
Skinfold thickness (cm)	13.3 (4.4)
Body mass index (kg/m²)	22.0 (4.7)

SD = standard deviation.