<table>
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<th>Sector</th>
<th>Recommended priority actions to promote physical activity</th>
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| **Health**                          | • Make promotion of physical activity an integral component of prevention and treatment of noncommunicable diseases at primary and secondary health care service.  
• Advocate and engage healthcare professionals in addressing physical inactivity. |
| **Education**                       | • Ensure adequate legislation and effective implementation supporting delivery of quality and daily physical activity as a key component of comprehensive education in schools and universities, for both boys and girls alike.  
• Implement a whole-school approach providing greater opportunities for physical activity during the school day (before/during/after school hours).  
• Develop programmes aimed at reducing time spent in sedentary activities. |
| **Workplace**                       | • Establish taskforce/committee at workplace to review and propose interventions to promote physical activity at work.  
• Develop a set of standards/guidelines promoting physical activity at workplace, including facility/building design, availability of sport facilities and programmes facilitating access to offsite facilities.  
• Develop and implement best practice workplace programme models based on international and regional experiences.  
• Improve linkages with healthcare, such as engaging health personnel at workplace and screening workers for risk factors. |
| **Sport**                           | • Promote and deliver “Sport-for-All” programmes with a focus on outreach to vulnerable and disadvantaged groups.  
• Implement “National Sport Days” engaging multiple sectors, including schools, and promoting links with sporting opportunities within the community.  
• Engage athletes and other public figures as role models to increase awareness and participation in “Sport-for-All” across the life course.  
• Increase availability of and accessibility for participation in “Sport-for-All” programmes, including facilities, equipment, public open space and shared use of school facilities. |
| **Communication, information and cultural affairs** | • Conduct a national mass media and social marketing campaign as part of an integrated national physical activity strategy to address cultural and gender barriers, increase knowledge and build the skill-set of the general public for physical activity promotion. |
| **Urban design and transport**      | • Design urban environments that encourage people to rely less on personal motorized vehicles and support access to safe, gender-sensitive and age-friendly public transport, cycling and walking.  
• Enforce security and road safety legislations reducing risks linked to road traffic accidents/injury and street violence.  
• Develop and implement urban planning policy with natural and recreational spaces. |