Table 4 Distribution of the studied adolescent females in some intermediate schools in Riyadh according to their attitude to their body weight

| Attitude to weight | $\%$ <br> $(\mathrm{n}=107)$ |
| :--- | :---: |
| Affected by the media |  |
| Yes | 61.0 |
| No | 38.1 |
| Some times | 1.0 |
| X $^{2}$ | 5.323 |
| Daily exercise |  |
| Yes | 15.0 |
| No | 31.8 |
| Some times | 53.3 |
| X $^{2}$ | 1.423 |
| Satisfied with weight |  |
| Yes | 30.2 |
| No | 69.8 |
| X2 | 15.688 |
| Would like to lose weight |  |
| Yes | 71.7 |
| No | 28.3 |
| X2 | 27.184 |
| Would like to gain weight |  |
| Yes | 11.4 |
| No | 88.6 |
| X | 19.521 |

