

Table 3 Distribution of physicians in regard to advising patients with specific conditions to fast or not to fast in Ramadan (n = 297)

Condition	Fast		Do not fast		Not sure	
	No.	%	No.	%	No.	%
Hypertension stage 1, controlled	251	84.5	11	3.7	35	11.8
Hypertension stage 1, uncontrolled ^a	176	59.3	86	29.0	35	11.7
Hypertension stage 2, controlled	239	80.5	20	6.7	38	12.8
Hypertension stage 2, uncontrolled ^a	73	24.6	189	63.6	35	11.8
Diabetes type 1, controlled	188	63.3	72	24.2	37	12.5
Diabetes type 1, uncontrolled ^a	45	15.2	223	75.1	29	9.7
Diabetes type 2, controlled	217	73.1	42	14.1	38	12.8
Diabetes type 2, uncontrolled ^a	57	19.2	206	69.4	34	11.4
Chronic kidney disease stage 1 (GFR ≥ 90 mL/min)	203	68.4	49	16.5	45	15.1
Chronic kidney disease stage 2 (GFR 60–89 mL/min)	150	50.5	106	35.7	41	13.8
Chronic kidney disease stage 3 (GFR 30–59 mL/min) ^a	51	17.2	208	70.0	38	12.8
Chronic kidney disease stage 4 (GFR 15–29 mL/min) ^a	28	9.4	228	76.8	41	13.8
Pregnant, 1st trimester	204	68.7	50	16.8	43	14.5
Pregnant, 2nd trimester	210	70.7	43	14.5	44	14.8
Pregnant, 3rd trimester	171	57.6	81	27.3	45	15.1
Lactating mother	162	54.5	89	30.0	46	15.5
Gastric ulcer ^a	169	56.9	95	32.0	33	11.1
Duodenal ulcer ^a	135	45.5	131	44.1	31	10.4
Asthma	200	67.3	58	19.5	39	13.2
Ischaemic heart disease	203	68.4	53	17.8	41	13.8
Heart failure	137	46.1	121	40.7	39	13.2
Dyslipidaemia	246	82.8	14	4.7	37	12.5

^aIt is preferable for patients with this condition not to fast.

GFR = glomerular filtration rate.