

Table 4 Grades of severity of severe, moderate and mild underweight (thinness) among males and females with low body mass index (BMI)

Sex	BMI category								
	<16 kg/m ²			16–16.9 kg/m ²			17–18.5 kg/m ²		
	No.	%	95% CI	No.	%	95% CI	No.	%	95% CI
Male	35	19.0	13.3–24.0	38	20.5	14.7–26.4	112	60.5	53.5–76.6
Female	42	18.2	13.2–23.2	69	29.9	24.0–35.8	120	51.9	45.5–58.4

CI = confidence interval.