

**Table 2 Risk factors for cardiovascular disease among female university students by blood pressure group**

Risk factor	Total	Blood pressure group			P-value
		Normal	Prehypertension	Hypertension	
	No.	%	%	%	
<b><i>Physical inactivity</i></b>					0.54
Yes	197	83.3	13.0	3.6	
No	173	84.0	14.2	1.8	
<b><i>Overweight/obesity<sup>a</sup></i></b>					0.001
Yes	105	71.7	24.5	3.8	
No	256	88.6	9.0	2.4	
<b><i>Family history of hypertension</i></b>					0.42
Yes	65	82.0	14.8	3.3	
No	305	87.2	11.1	1.7	
<b><i>Central obesity<sup>a</sup></i></b>					0.50
Yes	24	78.3	17.4	4.3	
No	337	83.6	13.7	2.7	
<b><i>Hypercholesterolaemia</i></b>					0.001
Yes	12	58.3	8.3	33.3	
No	358	84.1	14.0	1.8	
<b><i>Smoking</i></b>					1.00
Yes	5	100.0	0.0	0.0	
No	365	83.4	13.8	2.8	
<b><i>Diabetes<sup>a</sup></i></b>					0.001
Yes	4	25.0	0.0	75.0	
No	357	84.3	13.7	2.0	

<sup>a</sup>9 students declined to participate.