<table>
<thead>
<tr>
<th>Themes</th>
<th>Student quotes</th>
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| Improved asthma-related knowledge and awareness | “Now I know more about the different types of asthma medications and when to use them.”  
Before the workshop, I thought that students with asthma shouldn’t be involved in sports, now I know that they can part as long as they know how to take precautions.”  
“I feel confident enough to help in case of asthma exacerbation if occurs in school...I know what I should do to save my friends with asthma.” |
| Enjoying and valuing the learning activities | “The video, especially the stuff about peer pressure and smoking, was a good activity and highlights the huge influence that students with asthma face in school.”  
“It’s like you feel very engaged especially when you get to do the activity yourself.”  
“I liked all the activities because they were simple and fun...different to what we normally do in class.” |
| Appreciating the peer-led approach          | “I enjoyed being taught by my mates and other older students.”  
“The language that the students used during the classes was very simple and I liked the fact that they took over.” |
| Peer leaders appreciated local bilingual trainers | “The language was simple but having the educator explaining some of the scenes in Arabic definitely helped.” |
| Opportunity to practise English             | “I chose to participate in this just to get a chance to practise speaking English in front of my friends.”  
“It was fun to listen to peer leaders use some English words.” |
| Students with asthma felt more supported and confident regarding asthma | “I feel happy that all my friends now know about the nature of the disease.... I don’t have to hide the symptoms anymore.”  
“If I have an attack from now on at school, I think I’m more confident to be able to control it before it gets any worse.” |