

Table 4 Association between high score on the Arabic version of the Edinburgh Postnatal Depression Scale (EPDS) and support provided at home and history of depression among Bahraini women

Variable	Total no.	EPDS score ≥ 12		OR (95% CI)	<i>P</i> -value
		No.	%		
<i>Satisfied with help at home</i>					
Yes	192	66	34.4	2.00 (1.03–3.90)	0.04
No	43	22	51.2		
<i>Help provided by husband</i>					
Yes	130	37	28.5	2.33 (1.36–4.00)	0.002
No	106	51	48.1		
<i>Help provided by mother</i>					
Yes	107	36	33.6	1.33 (0.78–2.27)	0.292
No	129	52	40.3		
<i>History of depressive symptoms</i>					
Yes	64	44	68.8	6.45 (3.44–12.05)	< 0.001
No	173	44	25.4		
<i>Previous diagnosis of depression</i>					
Yes	10	8	80.0	7.35 (1.52–35.7)	0.006*
No	227	80	35.2		
<i>Diagnosis of depression during pregnancy</i>					
Yes	1	1	100.0	2.71 (2.30–3.21)	0.371*
No	236	87	36.9		
<i>Family history of depression</i>					
Yes	18	11	61.1	2.77 (1.03–7.46)	0.038
No	188	68	36.2		

*Fisher exact test.

OR = odds ratio; CI = confidence interval.