No. of risk factors<sup>a</sup>

No.
(n = 976)<sup>b</sup>

5.5

Table 4 Distribution of number of cardiovascular risk factors present in older

people in Amirkola

walking; Data were missing for 43 subjects.

1	344	35.2
2	377	38.6
2	150	16.2

3 159 16.3 4 40 4.1

4 40 4.1

5 2 0.2

\*Risk factors were hypertension, diabetes mellitus, cigarette smoking, body mass index ≥ 25 kg/m² and lack of