

Table 1 Descriptive statistics of physical activity scores and levels among Mansoura University students (n =1708)

Physical activity & domain	Min-max	Median (IQR)	Skewness
Total physical activity score (MET-min/wk)	0-32928	2256 (91-4111)	2.77
Domain-specific score (Total MET-min/wk)			
At work	0-24906	594 (120.0-1491)	3.94
For transportation	0-13104	346 (132.0-738)	3.71
From domestic & gardening activities	0-6600	60 (0-488)	3.27
In leisure time	0-11016	264 (0-982)	3.1
Activity specific score (total MET-min/wk)			
Walking	0-13068	1023 (0-1848)	2.45
Moderate	0-16980	405 (0-1260)	3.53
Vigorous	0-23520	0 (0-840)	4.42
Physical activity level	No.		%
Low	193		11.3
Moderate	889		52.0
High	626		36.7

IQR = inter quartile range (first-third quartiles).

MET-min/wk = metabolic equivalent-minute/week.