

Table 2 Relationship between selected lifestyle and clinical risk factors and erectile dysfunction among men aged > 30 years attending primary care centres in Qatar

Variable	Erectile dysfunction		Normal		χ^2	P-value
	No.	%	No.	%		
Smokes						0.004
Yes	138	48.6	146	51.4		
No	511	59.8	344	40.2	10.94	
Drinks alcohol						0.38
Yes	30	66.7	15	33.3		
No	619	56.6	475	43.4	1.92	
Takes exercise						< 0.001
Yes	232	43.1	306	56.9		
No	417	69.4	184	30.6	80.64	
BMI^a						< 0.001
Subnormal	15	22.1	53	77.9		
Normal	266	52.7	239	47.3		
Overweight	273	64.5	150	35.5		
Obese	74	64.9	40	35.1		
Morbidly obese	21	72.4	8	27.6	53.25	
No. of sexual partners						
1	585	55.8	463	44.2		
>1	64	70.3	27	29.7	9.23	0.01
Surgery or vertebral column trauma						
Yes	29	59.2	20	40.8		
No	620	56.9	470	43.1	0.1	0.75
Using medication for erectile dysfunction						< 0.001
Yes	84	85.7	14	14.3		
No	565	54.3	476	45.7	36.06	

^aSubnormal < 18 kg/m², normal 18–20 kg/m², overweight 20–25 kg/m², obese 25–35 kg/m², morbidly obesity > 35 kg/m².
BMI = body mass index.