

**Table 1 Sources of medications and information on self-medication and reasons for using self-medication in the past 2 weeks (*n* = 177)**

Variable	No.	% <sup>a</sup>
<b><i>Sources of medications</i></b>		
Private pharmacy (over-the-counter medication)	140	79.1
Leftover prescription medication	86	48.6
Family/friends	54	30.5
Other	22	12.4
<b><i>Sources of information on self-medication</i></b>		
Pharmacists	131	74.0
Previous prescription	90	50.8
Relatives/friends	36	20.3
Mass media	30	16.9
Health staff	17	9.6
Other (Internet, advertisements)	29	16.4
<b><i>Reasons for using self-medication</i></b>		
Illness was minor	142	80.2
No medical service was available	124	70.1
Lack of time to attend health care facilities	92	52.0
Cost of consultations with the doctor	76	42.9
Waiting time in health care facilities	60	33.9
Other	44	24.9

<sup>a</sup>Numbers do not add to 100% as patients might have more than 1 reason.