

Table 3 Treatment regimen for Oseltamivir and Zanamivir for human infection caused by pandemic (H1N1) 2009 virus

Age group	Treatment (5 days)	Chemoprophylaxis (10 days)
Oseltamivir		
Adults	75 mg twice per day	75 mg once per day
Children (≥ 12 months)		
≤ 15 kg	30 mg twice per day	30 mg once per day
15–23 kg	45 mg twice per day	45 mg once per day
20–40 kg	60 mg twice per day	60 mg once per day
> 40 kg	75 mg twice per day	75 mg once per day
Children		
3 – < 12 months	3 mg/kg/dose twice per day	3 mg/kg/dose once per day
0 – < 3 months	3 mg/kg/dose twice per day	Not recommended, unless situation judged critical (limited data)
Zanamivir		
Adults	2 × 5 mg inhalations (10 mg total) twice per day	2 × 5 mg inhalations (10 mg total) once per day
Children ≥ 7 years for treatment; children ≥ 5 years for chemoprophylaxis	2 × 5 mg inhalations (10 mg total) twice per day	2 × 5 mg inhalations (10 mg total) once per day